

NORMAL TO DRY SKIN AFTERCARE

The following must be avoided during all 7 days post-microblading procedure & up to 14 days for optimal healing:

Increased sweating/Working Out
Swimming
Hot sauna, hot bath, or Jacuzzi
Sun tanning or salon tanning

Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic acid
Picking, peeling, or scratching of the micro-pigmented area in order to avoid scarring or removal of the pigment
Performing tasks related to heavy household cleaning such as garage or yard work where there is a lot of airborne debris
Drinking alcohol in excess, as it may lead to slow healing of wounds
Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles
Washing your eyebrows with face wash - specific instructions on cleaning your eyebrows are listed below.
Touching of the eyebrow area except for when rinsing and applying the post-care ointment with a cotton swab or Q-tip

DAY 1

DIRECTLY AFTER YOUR SESSION USE A COTTON PAD WITH FILTERED (DISTILLED OR BOTTLED) WATER AND BLOT YOUR BROWS ONE TIME EVERY 10-30 MINS FOR THE FIRST 3 HOURS ONLY. THIS WILL HELP TO KEEP SCABS FROM FORMING. DO NOT WIPE OR REMOVE THE OINTMENT. REUSE A NEW COTTON PAD EACH TIME.

DAYS 2-5

After your microblading treatment, it is important that you clean your eyebrows 24 hours after your procedure.

Do so with a liquid antibacterial fragrance free mild soap (Dial Gold brand is recommended), use a q-tip or freshly clean fingers and warm water. Clean your eyebrows twice a day. If your brows are dry and/or tight after washing, apply a thin layer of Aquaphor Healing Ointment or A&D one to two times a day as needed (Dry Skin will most likely require ointment twice a day).

Always clean your brows before applying a new layer of ointment. Avoid submerging your face in water and try to keep excessive water flow off of your face during showers for the first 7 days - it is best to keep your brows as dry as possible

DAYS 5-8

During this period, your skin will begin to regenerate new cells & ointment may no longer be necessary. Continue to clean your brows 1-2 times a day however **ONLY apply ointment as needed (if skin is itchy)**.

If you do not have hard scabs - chances are you do not need ointment. Mild scabbing is normal and will naturally fall off within the first two weeks. If you experience thick/dense scabbing - continue using ointment twice a day. **DO NOT PREMATURELY REMOVE ANY SCABS.** Too much ointment can create a wet surface, causing the scabs to fall off before they are ready.

WHAT TO EXPECT DURING AND AFTER THE HEALING PROCESS

Your new semi-permanent eyebrows will go through several phases during the healing cycle. The healing process will vary as everyone's skin is different - please keep in mind that another client's healing experience and timespan may differ from yours. It is up to your skin to retain the pigment, therefore no guarantee can be made that this procedure will work for you - however following the aftercare instructions will heavily increase your chances of beautifully healed lasting brows.

Immediately after your procedure your eyebrows will begin to darken and may appear warmer/redder than your natural hair - as your skin begins to heal over the incisions - you will notice them beginning to lighten. As your skin begins to heal and regenerate, you may experience scabbing, flaking, blotchy/uneven brows and/or a grayish cast over the strokes - this is completely normal! In some cases, it may appear that your microblading has faded completely, however your strokes are just hiding underneath superficial/dead skin. Once the old skin falls off, you will begin to notice the color and strokes reappearing within your newly healed skin. If any areas had issues retaining pigment the first time, they will be reinserted during your secondary session. In many cases, clients experience what appears to be a fully healed brow within 14 days, however it is crucial that a touch-up not be done prior to 4 weeks as this could damage your skin & have an effect on the overall appearance & lifespan of your brows. Once completely healed, you should always apply a thin layer of oil-free sunscreen while exposed to the sun for long durations. Too much sun exposure - especially UV Radiation can not only cause a faster fade but alter the pigment color as well. To lengthen the duration of your brow color & boldness it is best to avoid frequent tanning, harsh chemicals, scrubs, and oily products on or near your eyebrows. Oily products can cause premature fading and/or blurred lines. I recommend investing in a water based moisturizer for use in your brows as needed - however over use of any topical product can cause pigment loss or premature fading..

Please keep in mind that eyebrow microblading does not replace the need for brow powder or a pencil fill. This procedure is meant to appear natural giving you the appearance of hair-strokes vs. a fully filled brow where additional makeup may still be required - however your microblading template should speed up the process greatly.